

Rainbow Coleslaw

Submitted by Leila Sadeghian

Ingredients

- 2 c thinly sliced red cabbage
- 2 c thinly sliced green cabbage
- ½ c chopped yellow or red bell pepper
- ½ c shredded carrots
- 1/3 c chopped red onion
- ½ c fat free mayonnaise
- 1 Tbsp red wine vinegar
- ¼ tsp celery seed (optional)
- ½ c low fat Cheddar cheese, cut into bite-sized cubes



Preparation & Serving

- In a large bowl, combine all the vegetables
- In a small bowl, mix mayonnaise, vinegar, and celery seed (if desired), to make a dressing
- Pour the dressing over the vegetables and toss until well coated
- Toss salad with cheese and serve chilled



A 30th Anniversary Recipe